



FEBRUARY 2023

4-H Family News

Washtenaw County



4-H Officer Roles & Parliamentary Procedure Training: February 5th

There is still time to sign up for the Washtenaw County 4-H officer training for youth and adult 4-H leaders in the MSU Extension Office on Sunday, February 5th from 2-4 PM. This training will be led by Jackie Martin, MSU Extension Educator in Leadership, Civic and Cultural Engagement.

This training is recommended for youth and adults in officer roles and a great opportunity for those who are interested in officer roles in the future. Questions? Contact Jackie Martin at marti623@msu.edu.

Register at: <https://events.anr.msu.edu/washofficer/>



UPCOMING MEETINGS:

Livestock and Dairy Committee Meeting
February 9th at 7:00 pm in the MSU Extension Office

4-H Leader Training
February 25th at 9 am in the Livingston County MSU Extension Office or by Zoom

Horse Board & Association
February 28th at 6:30 pm in the MSU Extension Office

Still Projects Committee
February 28th at 6:30 pm on Zoom (email Jenny for the link)

Advisory Council
March 9th at 7:00 pm in the MSU Extension Office

CONTACT US

Katherine Miller
4-H Program Coordinator
mill2948@msu.edu

Jenny Speyer
4-H Program Instructor
speyerje@msu.edu

705 N. Zeeb Rd., P.O. Box 8645
Ann Arbor, Michigan
48107

PHONE & EMAIL:

734-997-1678

msue.washtenaw@county.msu.edu

WEBSITE:

<https://www.canr.msu.edu/washtenaw/>

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COUNTY 4-H NEWS

4-H Leader Training: February 25th from 9 – 11:30 am

We would like to invite all of our 4-H leaders to our 4-H Leader Training Day on February 25th, 2023 from 9am-11:30am in the Howell Livingston County MSU Extension Office at 2300 E. Grand River Ave. Suite 111 Howell, MI 48843. This training is for Washtenaw County and Livingston County 4-H leaders. We will be offering this session as a hybrid meeting if you cannot attend in person. Coffee and donuts will be provided!

All new 4-H administrative leaders are strongly encouraged to attend. Veteran leaders are welcome, especially those who are looking to open a club bank account for the first time.

This training will cover updated 4-H financial policies and 4-H club expectations, will give a brief outline of statewide and county annual events, will give each of you the opportunity to form connections with other 4-H volunteers, and is a great opportunity to ask us questions! Youth are welcome to attend but are not the intended audience.

Register here: <https://bit.ly/4-HLeaderTraining>

Registrations are due no later than February 23rd, 2023 at 5pm.



Roger's Corners Herdsman Officer Ceremony



Rogers Corners Herdsmen 4-H Club had a candle ceremony to thank youth officers from last year and install the new set of officers for their club. Pictured are 4-H members: Emily Trinkle, Andrew Szpara, Tanner Trinkle, and Andrew Norder. The club used a script on the 4-H website, and it was meaningful for the club.

(https://www.canr.msu.edu/news/official_recognition_of_4_h_officers_part_1). Thank you, 4-H Leader Kathy Pantolin, for leading this ceremony and recognizing these hard-working youth who have taken leadership roles in their club!

Reminder: Upcoming Youth Show Dates & Deadlines

We also want to remind families that for youth to participate in the Washtenaw County 4-H Youth Show, they must be enrolled in 4-H online by **May 15th**. We also strongly encourage youth to be enrolled before weigh in dates as only currently enrolled youth are covered under 4-H liability policy. The weigh in dates are the following:

- The weigh in dates for beef is March 4th, 2023
- The weigh in dates for sheep, goats, feeders and swine tagging is April 29th, 2023



COUNTY 4-H NEWS

Washtenaw County 4-H Hippology and Horse Judging Team

Washtenaw County 4-H is looking to build a Hippology (The Michigan 4-H Hippology Contest is on March 18, 2023) and Horse Judging (The Michigan 4-H/FFA Horse Judging Contest is April 16, 2023) team! Horse Hippology is the study of all horse-related knowledge, including judging, anatomy, breeds, colors, care, equipment, health and welfare, and riding disciplines. Horse Judging teaches what judges look for in conformation (halter) and performance (riding) classes. This is important information to know if you ever shop for a horse of your own.

If you need more information or are interested in participating on either team, please contact Angela

Oakman by January 31st at recommend for anyone participating on the Horse Judging team.

angela_oakman@yahoo.com or 734-395-9714 (phone or text). The Horse Judging Workshop and Mini Contest (event at MSU: February 3-4) is highly recommend for anyone participating on the Horse Judging team.



Washtenaw County 4-H Junior Master Gardener Program: Starting May 8th at the Farm at Trinity Health Ann Arbor



We are excited to announce that our 4-H Junior Master Gardener Program is back this year at the Farm at Trinity Health Ann Arbor in Ypsilanti, MI. The 4-H Junior Master Gardener (JMG) program is designed for youth ages 9 to 11 and provides an interactive, hands-on educational experience in gardening enabling them to achieve a Junior Master Gardener certificate. Classes and workdays in the garden will take place on Monday evenings at the Farm. All sessions will be taught by adult volunteers who are both MSU Extension Master Gardeners and 4-H volunteers. This program is a great experience for youth interested in gardening to get a deep understanding of planting, tending, and harvesting plants in an almost one to one ratio of volunteers to youth.

The cost is \$50 for all the sessions but financial aid is available. Registration will launch soon and will be limited to 12 youth. If you are interested, please contact Jenny Speyer at speyerje@msu.edu and she will let you know as soon as the registration launches..



STATEWIDE 4-H NEWS

Register today for Michigan 4-H Capitol Experience!

At Michigan 4-H Capitol Experience, teens learn how to change the world for the better through engagement in Michigan's state government and public policy process. The 4-H Capitol Experience program, scheduled for March 12-14, in Lansing, has been described by past participants as "amazing", "life-changing", and "an opportunity unlike any other".

The three-day event, open to high-school-aged youth, includes tours of the Michigan Capitol, interactions with state legislators, meetings with state agency staff, lobbyists and state-level experts and learning how policy is made. During the program, youth work in small teams to draft legislation on agriculture, civil rights, education, energy, environment and natural resources, health or law enforcement and corrections.

The cost to register in 2023 is \$365, which includes meals, material fees and lodging at the Radisson Hotel in downtown Lansing. Please contact your local 4-H program coordinator to inquire about local funding opportunities. Scholarships may also be available through your local Farm Bureau office.

Registration is open until February 13. To find out more, visit https://www.canr.msu.edu/4_h_capitol_experience/.



World Food Prize Michigan Youth Institute registrations due March 15!

As millions across the globe deal with food insecurity, the World Food Prize Michigan Youth Institute (WFP MIYI) offers young people an opportunity to be part of the solution. Held May 11 in East Lansing, or by participating from anywhere else using Zoom video/web conference technology, the event seeks to inspire and prepare the next generation of global leaders to end world hunger.

Attendees will have the opportunity to share their ideas related to global food security with experts and other Michigan youth while learning how university faculty and staff members, researchers and students are working to address world hunger.

To participate, youth should be in grades 7-12 and register by the March 15 deadline. As part of the registration process, youth are required to prepare a two- to five-page research paper about a developing country and one of 20 key factors that affect food security. At the event, youth present and discuss their papers with other attendees and research and industry experts. They also participate in interactive activities related to global food challenges and engage with area experts to discuss solutions to global hunger and poverty.

The top performing students at the WFP MIYI will be selected to attend the World Food Prize Global Youth Institute in Des Moines, Iowa, in October. For more information, visit <https://www.canr.msu.edu/wfpmiyi/>. Registrations and papers are due March 15.



STATEWIDE CALENDAR OF EVENTS

4-H Day at the Breslin & 4-H Alumni Tip-Off Reception



Make plans for a fun day in East Lansing on February 12! Join with other members of the 4-H community for 4-H Day at the Breslin and cheer on the MSU Women's Basketball game as they take on Penn State.

Attendees will also enjoy 4-H games and activities around the concourse. Tickets are free to 4-H youth and their families as well as 4-H volunteers and their families. Learn more at www.canr.msu.edu/events/4-h-day-at-the-breslin.

4-H alumni can also take part in a special pre-game event: the 4-H Alumni Tip-Off Reception. Enjoy networking and fun with other 4-H alumni before the game. Learn more at www.canr.msu.edu/events/4-h-alumni-tip-off-reception.

February 14: Wild Spartans Series – Black River Lake Sturgeon Facility, Management of a Threatened Species

Online

Meet Doug Larson, research assistant at the Black River Sturgeon Facility. Learn about his field work, and the education and career path he followed to get there.

www.canr.msu.edu/events/wild-spartans-series-february-2023

February 25: 4-H Leader Meet

MSU Campus, East Lansing

Enjoy a variety of fun and interactive sessions, informative presentations, and useful tips for meetings. Open to adult and teen leaders in Ionia, Montcalm, Gratiot, Clinton, Eaton and Ingham.

www.canr.msu.edu/events/4-h-leader-meet-2023

February 28: Michigan 4-H Volunteer Webinar – Building the Value of Your 4-H Club

Online

A webinar series that will provide Michigan 4-H volunteers with a variety of learning opportunities to help them grow as a volunteer and support Michigan 4-H'ers.

www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-building-the-value-of-your-4-h-club-7pm

March 3-5: Michigan 4-H Dairy Conference

Ralph A. MacMullan Center, Roscommon

This weekend workshop will focus on all things dairy cattle nutrition. MSU and MSU Extension faculty, industry partners, and MSU students will lead educational sessions. Open to MSU Extension Gold Volunteers and 4-H youth (ages 12-19). Register by Feb. 8.

www.canr.msu.edu/events/2023-michigan-4-h-dairy-conference

March 4: 2023 Michigan 4-H Livestock Workshop

MSU Campus, East Lansing

This one-day workshop is designed for 4-H teens ages 12-19 and adult volunteers in the beef, sheep, goat and swine project areas.

www.canr.msu.edu/events/michigan-4-h-livestock-workshop

March 4: 4-H Shooting Sports Instructor Certification Workshop

Ralph A. MacMullan Center, Roscommon

Interested in leading shooting sports with a 4-H club? Become a certified instructor at this one-day, hybrid workshop! Register by Feb. 15.

www.canr.msu.edu/events/4-h-shooting-sports-instructor-certification-workshop-ram





MSU Extension Child and Family Development

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals.

Extension Extra's Parenting Hour

These free online parenting workshops will provide guidance for parents of young children as they navigate the challenges, concerns, and joys of parenting. Participants may register for as few or as many workshops as they wish. The workshops are on Tuesday evenings from 8:00 to 9:30PM EST as follows:

Class dates:

- 2/7/23: Purpose of Play
- 2/14/23: Birds and the Bees: Talking with Kids About Sex
- 2/21/23: Parenting in the Digital Age
- 2/28/23: Together We Can: Co-Parenting

Registration: https://msu.zoom.us/webinar/register/WN_prC0K8g9SFfe2es2ymb6_kg

For more information contact Courtney Aldrich at aldric82@msu.edu



Guiding Principles for Highly Successful Parenting

Are you wondering how to gain greater cooperation from your children? Struggling with chores or routines? Not sure how to handle discipline issues? Join us for this five week parenting education series for parents with children of all ages will explore developing routines, emotional control, rules and relationships, and being a calm, assertive parent. Certificates of attendance are available.

Class dates: February 17, February 24, March 3, March 10, March 17

Class times: 11:00am-12:30pm EST

Registration: <https://events.anr.msu.edu/GuidingPrinciplesFebMar2023/>

For more information, contact Courtney Aldrich, aldric82@msu.edu

Building Early Emotional Skills



Are you having trouble with biting, tantrums or the "terrible twos?" Building Early Emotional Skills (BEES) is a four-week class for primary caregivers of children 0-3 that teaches about how young children develop social emotional skills and helps give caregivers skills to deal with the stress of caring for children and help their children develop strong social emotional skills. BEES will help you learn about: Your child's temperament and stress, Your triggers and how to manage them, Being reflective about feelings and emotion coaching, Reducing biting, conflict and frustration and handling tantrums, Building a solid foundation for tomorrow

Class dates: February 15, February 22, March 1, March 8 from 1:00-2:30pm EST

Registration: <https://events.anr.msu.edu/BEESFebMar2023/>

For more information, contact Courtney Aldrich, aldric82@msu.edu



MSU Extension Child and Family Development

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals.

Early Childhood Professional Development Classes

These free online classes provide professional development training hours for early childhood professionals. Credit in the MiRegistry system is available.

The Resilience Toolbox: Building Foundational Skills for Resilience in Early Childhood

Class Date: January 19th

Class Date: February 16th

Class Time: 7:00PM to 8:30PM

Registration: https://msu.zoom.us/webinar/register/WN_U4dleNZRQHS2CvBw5PbXHA

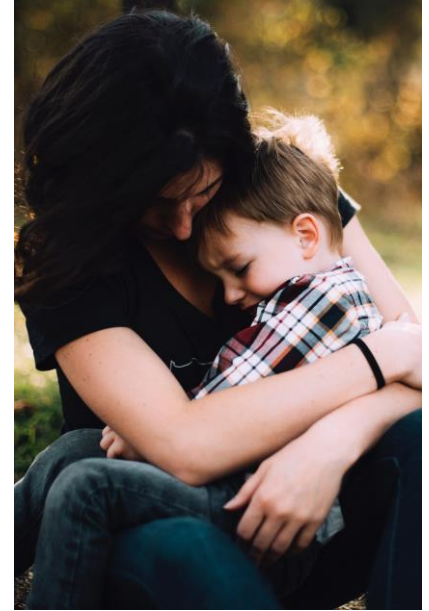
Screen Time for Young Children

Class Date: February 24th

Class Time: 1:00PM to 2:30PM

Registration: https://msu.zoom.us/webinar/register/WN_yenkWkOnQ7Gncpf3TSJrrQ

For more information contact Vivian Washington at washi138@msu.edu



Online Self-Paced Classes

These free online classes can be completed on your own at your own pace.

Positive Discipline

Helping young children learn self-control is important to their ability to be successful citizens now and in the future. Positive Discipline workshops help adults learn how their role in creating appropriate environments and experiences can strengthen that development. This class has a “parent and caregiver” track and a “professional” track. Certificates of attendance are available for all who take the class and professional development training hours are available for early childhood professionals. Credit in the MiRegistry system is available.

Registration: <https://www.canr.msu.edu/courses/positive-discipline-online-course>

For more information contact Courtney Aldrich at aldric82@msu.edu

Infant Safety

MSU Extension has partnered with the Livingston County Child Abuse Prevention Council to create a self-directed online infant safety course called “Sleeping, Crying, Driving.” This three part course contains videos and interactive content on infant safe sleep, how to handle extended infant crying and guidelines for transporting your child safely. A certificate of completion is available for those who need proof of attendance.

Registration: https://www.canr.msu.edu/early_childhood_development/infant-safety/

MI Parenting Resource

This free, online program is meant to support caregivers across the state in strengthening their parent-child relationships and gaining new tools for enhancing positive child behaviors.

Registration: <https://miparentingresource.org/>

For more information contact Courtney Aldrich at aldric82@msu.edu